



Meditation Timetable October 2020

Our next scheduled live and online Meditation classes are:

Wednesday, 7th October
Wednesday, 14th October
Wednesday, 21st October - TBA
Wednesday, 28th October

6:30pm – 8:30pm
Cost: \$10

We are now **welcoming up to 10 guests in our space in Mosman Park. To reserve your spot, please email emma@bluebody.com.au.**

Please visit our 'online meditation' page for all the details including instructions on how to use Zoom. If you prefer to speak to someone, feel free to contact us on +61 (0)488 919 009.

The online classes are free, however if you would like to make a contribution, you will find the PayPal link on our 'online meditation' page.

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