



Meditation Timetable January 2021

Our next scheduled live and online Meditation classes are:

Wednesday, 6th January
Wednesday, 13th January
Wednesday, 20th January
Wednesday, 27th January

6:30pm – 8:30pm
Cost: \$10

We are now **welcoming up to 10 guests in our space in Mosman Park. To reserve your spot, please email emma@bluebody.com.au.**

Please visit our 'online meditation' page for all the details including instructions on how to use Zoom. If you prefer to speak to someone, feel free to contact us on +61 (0)488 919 009.

The online classes are free, however if you would like to make a contribution, you will find the PayPal link on our 'online meditation' page.

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