



Meditation Timetable October 2021

Our next scheduled live and/or online Meditation classes are:

Wednesday, 6th October

Wednesday, 13th October

Wednesday, 20th October

Wednesday, 27th October

Optional online meditation on Sunday evenings – check updates on FB / emails

6:30pm – 8:30pm

Cost: \$10

We are now **welcoming up to 15 guests** (or according to ongoing restrictions) in our space in **Mosman Park**. To reserve your spot, please email emma@bluebody.com.au.

Please visit our 'online meditation' page for all the details including instructions on how to use Zoom. If you prefer to speak to someone, feel free to contact us on +61 (0)488 919 009.

The online classes are free, however if you would like to make a contribution, you will find the Square link on our 'online meditation' page.

The Healing Tree
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