



blue body
buddha sanctuary

DRY SEASON

<u>Monday</u>	<u>Tuesday</u>	<u>Wed</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Sunrise Yoga 6:00-7:15am	Sunrise Yoga 6:00-7:15am	Sunrise Yoga 6:00-7:15am	Sunrise Yoga 6:00-7:15am	Sunrise Yoga 6:00-7:15am	
Yoga Asana 8:30 – 10am	Yoga Asana 7:30 – 9am	Yoga Asana 7:30 – 9am	Yoga Asana 7:30 – 9am	Yoga Asana 8:30 – 10am	Yoga 7:30am
Yoga 5:15-6:30pm	Yoga Level 1/2 Flow 5:15-6:45pm	Broome Buddhist Group Meeting 5:15pm (Cash Donation)	Yoga Level 1/2 Flow 5:15-6:45pm	Gentle Stretch & Meditation 5:15-6:45pm	

Morning Yoga 90 minute combination of standing and seated postures.
Evening Yoga – 90 minute gentle flow yoga
Saturday Morning Class teacher rotates

YOGA ONLY - 10 CLASS PASS **\$150** (3 month expiry, no refunds) 90 minute **\$20**

Follow us on Facebook for weekly timetable updates, any last minute schedule changes along with workshop and alternative class info